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Original Research Article

Effectiveness of self-managed medication abortion between 13 and 24 weeks gestation: a retrospective review of case records from accompaniment groups in Argentina, Chile, and Ecuador

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PII: S0010-7824(20)30130-X
DOI: <https://doi.org/10.1016/j.contraception.2020.04.015>
Reference: CON 9430

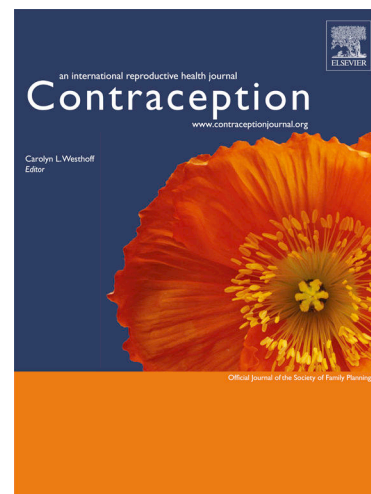
To appear in: *Contraception*

Received Date: 31 January 2020
Revised Date: 20 April 2020
Accepted Date: 21 April 2020

Please cite this article as: H. Moseson, K.A. Bullard, C. Cisternas, B. Grosso, V. Vera, C. Gerdts, Effectiveness of self-managed medication abortion between 13 and 24 weeks gestation: a retrospective review of case records from accompaniment groups in Argentina, Chile, and Ecuador, *Contraception* (2020), doi: <https://doi.org/10.1016/j.contraception.2020.04.015>

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1 **Title:** Effectiveness of self-managed medication abortion between 13 and 24 weeks gestation: a
2 retrospective review of case records from accompaniment groups in Argentina, Chile, and
3 Ecuador
4

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32 **Word count:** ~3,000
33

34 **Declarations of interest:** None
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36
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39 **Abstract** (word count: 250)

40

41 **Objectives:** In settings where abortion is legally restricted or inaccessible, grassroots feminist
42 networks provide evidence-based information and support to **individuals** who self-manage
43 abortions—a model of care known as abortion accompaniment. This study aims to fill a gap in
44 existing evidence about out-of-clinic abortion beyond 12 weeks gestation.

45

46 **Study design:** We conducted a retrospective analysis of anonymized case records from
47 accompaniment groups based in Argentina, Chile, and Ecuador of abortions supported between
48 13-24 weeks gestation. We report on the reproductive histories of **individuals** who **underwent**
49 accompanied abortions, as well as medication regimens, and outcomes.

50

51 **Results:** Between 2016 and 2018, 316 **individuals** received accompaniment support for 318
52 medication abortions between 13-24 weeks gestation. **Individuals** most commonly used
53 mifepristone-misoprostol (n=297, 93%), with sublingual misoprostol administration (n=288,
54 88%). Medication alone resulted in 241 complete abortions (76%); 37 (12%) **people underwent**
55 manual vacuum aspiration or dilation and curettage within the formal health system, and 16
56 **people** (5%) required an additional medication abortion attempt at a later date, resulted in
57 ongoing pregnancy, or were lost to follow-up. After accounting for additional interventions or
58 monitoring at a healthcare facility, 302 of 318 (95%) abortion attempts completed overall. **We**
59 **had complete information regarding complications only from Chile** (n=78); **of these**, 12 (15%)
60 experienced potential complications, including delayed placental expulsion **and/or heavy**
61 **bleeding (n=5, 6%)**, high fever (n=3, 4%), and hypotension, panic attack, or vomiting (n=3, 4%).
62 No abortions resulted in transfusion or hysterectomy.

63

64 **Conclusions:** Self-managed medication abortion, with accompaniment group support and
65 linkages to the formal health system in the event that complications arise, may be an effective
66 and safe option for abortion beyond the first trimester – particularly in legally restrictive settings.

67

68

69 **Keywords:** second-trimester abortion; later abortion; self-managed abortion; medication
70 abortion; accompaniment; Latin America;
71

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73 **Implications:** (word count: 49)

74 These results build on an emerging body of evidence suggesting that self-managed medication
75 abortion beyond 12 weeks gestation, conducted with accompaniment support and referrals to
76 formal health care services as needed, can be an effective model of abortion care – and may
77 provide a safe alternative to clandestine surgical procedures.

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78 1. Introduction

79 Worldwide, an estimated 10-15% of induced abortions occur after 12-weeks gestation[1,
80 2]. Abortions occur after 12-weeks gestation for a variety of reasons, including delays such as
81 later discovery of pregnancy, time required to gather funds for abortion services, the need to
82 arrange childcare or time off work, and distance to a provider[3-9]. Legal restrictions focused on
83 gestational age limits further compound these barriers to abortion care, resulting in a higher
84 proportion of abortions beyond 12-weeks taking place outside of the formal healthcare
85 sector[10].

86 Increasing awareness and access to safe medications, through local pharmacies, the
87 Internet, community health workers, activist groups, telemedicine models, and more, have
88 enabled more people to have the tools to safely self-manage abortion regardless of geography or
89 legal context[11-16]. As a result, in some regions, the proportion of global abortions considered
90 “unsafe” has declined in recent years, a shift that researchers attribute directly to increasing use
91 of misoprostol, alone or in combination with mifepristone[17], as an alternative to less-safe and
92 potentially life-threatening methods[18-20].

93 In some legally restricted settings, self-described feminist networks that pioneered the
94 model of abortion accompaniment—a model that can be described as the provision of evidence-
95 based protocols, information, and support, virtually or in-person, throughout the abortion process
96 to **individuals** who self-manage abortions – have begun to support people seeking to use
97 medication for abortion beyond 12 weeks gestation[21]. Most accompaniers lack formal medical
98 training, but have been trained by network leaders, regional and international organizations, and
99 local medical professionals, to provide evidence-based, comprehensive, compassionate
100 pregnancy options and abortion counselling - using World Health Organization (WHO)

101 medication abortion protocols according to gestational age – to **individuals** self-managing a
102 medication abortion[14, 15, 21, 22]. Companiers meet regularly as a collective to share lessons
103 learned, and stay up to date on revisions to medication abortion protocols[21].

104 Evidence from clinical settings has demonstrated that, when compared to first trimester
105 abortions, abortions at later gestations carry a higher risk of complications (specifically retained
106 placenta, hemorrhage and mortality)[23], require additional time, and cost more[24].
107 Nonetheless, evidence evaluating the safety and effectiveness of abortions that occur outside of
108 clinical settings has, to date, predominantly documented abortions that occur in the first 12-
109 weeks gestation, and levels of safety and effectiveness do not appear inferior to abortions that
110 occur in clinical settings [11, 12, 25, 26].

111 Only a limited number of studies have documented out-of-clinic abortion care beyond 12-
112 weeks gestation[15, 21, 27, 28]. Given the demonstrated need for abortion after 12-weeks
113 worldwide—a need that is likely more acute in restricted legal settings—and that abortions
114 beyond 12-weeks gestation do carry an increased health risk relative to first trimester abortions,
115 research that evaluates the safety and effectiveness of self-managed medication abortion at this
116 stage of pregnancy is of critical importance[23, 29, 30]. The purpose of this study is **to describe**
117 **the population that accessed accompaniment support for an abortion** between 13-24 weeks
118 gestation, the medication protocols used, **abortion outcomes**, and any safety events related to the
119 abortions.

120

121 **2. Materials and methods**

122 2.1 Study setting

123 This is a retrospective analysis of anonymized case records for accompanied medication
124 abortions from 13 to 24 weeks in Argentina, Chile, and Ecuador. In all three countries, abortion
125 is legally restricted with few exceptions[31].

126 In each setting, **individuals** find information about the accompaniment groups via word-
127 of-mouth, posters or fliers, online, or elsewhere, and contact the accompaniment groups by
128 telephone, email, social media, or secure messaging apps. During an initial screening call,
129 companions assess the gestational age of the pregnancy based on last menstrual period (LMP)
130 or, for all pregnancies above 12 weeks, an independently acquired ultrasound, and rule out any
131 contraindications to medication abortion. During the initial call, companions provide in-depth
132 counseling and detailed information on the medication regimen, discuss options for accessing
133 reliable medication abortion pills, what to expect, how to assess abortion completeness, options
134 for managing products of conception, potential risks, how to identify warning signs of potential
135 complications, when to seek formal healthcare services, and how to minimize legal risk in
136 communications with healthcare providers. Companions counsel participants to **self-administer**
137 mifepristone **at 200 mg** orally 24-48 hours prior to the first dose of misoprostol; with misoprostol
138 usually dosed at 800 mcg initially (sublingually or vaginally), followed by either (1) misoprostol
139 **at 400 mcg (sublingually)** every three hours until expulsion of the fetus, or (2) misoprostol **at 400**
140 **mcg (sublingually)** every three hours for 12 hours (five doses of misoprostol, regardless of
141 whether fetus is expelled prior to the fifth dose)[22].

142 **Individuals** are instructed to contact the companion after taking the first dose of
143 mifepristone. For abortions that are accompanied in-person, approximately 24 hours after the
144 first dose of mifepristone, 2-3 companions will join the person in a secure location, and be with
145 them throughout the abortion process to provide informational, emotional, and physical support,

146 following standard protocols and systematically documenting the abortion in an individual case
147 record form that is then securely stored. **Those who are accompanied virtually are in regular**
148 **contact** with the accompanier (hourly or with greater frequency when needed/wanted) by phone,
149 text, or secure chat. The entire process, from first dose of mifepristone through expulsion of the
150 pregnancy and completion of the accompaniment support generally lasts between 1-3 days.

151

152 2.2 Data source

153 We extracted data for this analysis from anonymized case records of **individuals** who had
154 abortions at 13- 24 weeks gestation with accompaniment support in Argentina, Chile, and
155 Ecuador between 2016 and 2018. Although each group uses a slightly different system of
156 documentation, all three groups recorded sociodemographic characteristics (collected at the
157 initial screening), timing and use of medication and dosage, side effects and symptoms of the
158 abortion process itself, abortion outcomes, and any related healthcare seeking. In Chile,
159 accompaniers documented events during the medication abortion itself and **approximately 72**
160 **hours** after; whereas **accompaniers** from Argentina and Ecuador **remained in contact with**
161 **individuals for one to three weeks** following the abortion. Limited follow-up data beyond 72
162 hours were also available for **individuals** with a failed medication abortion—defined for the
163 purposes of this study as taking medication abortion pills and not expelling the fetus.

164 In all three settings, accompaniers verbally inquired about each person's medical history.
165 If individuals reported standard medication abortion contraindications such as prostaglandin
166 allergy, suspected ectopic, intra-uterine device (IUD), or hemorrhagic disorder, the accompaniers
167 did not proceed with supporting the medication abortion. Accompaniers did not consistently

168 document other relevant medical conditions, such as history of cesarean section or anemia; these
169 are not contraindications, but potential risks with medication abortion.

170 Accompaniment group leaders securely transferred completed case records to the study
171 team via photographs of the paper forms (Chile), electronic text documents (Chile and Ecuador),
172 or pre-formatted in a password protected electronic database (Argentina). Study investigators
173 hand extracted data from Chile and Ecuador's paper records, and merged these with Argentina's
174 dataset into a single electronic database. Inclusion criteria included all **individuals** who used
175 abortion medications with support of one of the three accompaniment groups, and were 13-24
176 weeks gestation at the time of misoprostol ingestion. The Allendale Investigational Review
177 Board (IRB) in the United States (US) reviewed and approved this study. Concerns about the
178 study subject matter and potential legal risk to the accompaniment groups and companions
179 themselves resulted in a unanimous decision among the study team not to seek in-country IRB
180 approval, and to instead rely on an international IRB in the US, where the lead research
181 organization is based.

182

183 2.3 Measures

184 The primary outcome of interest is complete abortion with medication alone. We considered
185 abortions to be complete when records indicated that a person had expelled all products of a
186 pregnancy within ~72 hours and had not received additional doses of medication (beyond the
187 protocol described above) or any surgical interventions to facilitate completion of the abortion.
188 We created a second variable to capture whether the intended outcome of the attempted
189 medication abortion was achieved — i.e., the person was no longer pregnant at the end of
190 follow-up, regardless of additional medical or surgical intervention. For this measure,— we

191 constructed a dichotomous outcome variable categorized as *positive* for anyone who was no
192 longer pregnant at the end of the ~72 hours, regardless of having required monitoring or surgical
193 intervention in a health facility, and *negative* for anyone who had an ongoing pregnancy or
194 required an additional abortion attempt at a later date.

195 We also analyzed data related to secondary outcomes of interest including: medication
196 regimen used to terminate the pregnancy; route of medication administration; interactions with
197 formal healthcare services; surgical intervention; abortion complications; and time to expulsion.
198 We categorized *route of medication administration* as: sublingual, vaginal, buccal, or a
199 combination of sublingual and buccal use. We categorized those who interacted with formal
200 health care services within ~72 hours of the medication abortion as having *sought formal*
201 *healthcare services*, regardless of medical indication. We did not discriminate between local
202 health unit, urgent care or hospital setting – we considered all to be “formal healthcare”. For
203 those who did seek care, when possible, we extracted information regarding any type of
204 additional medication received or procedure performed. We categorized *surgical intervention* as
205 “None,” “Manual Vacuum Aspiration” or “Dilation & Curettage” based on the accompanier’s
206 documentation. We classified an event as an *abortion complication* if the record indicated the
207 occurrence of retained placenta, heavy bleeding (as assessed by the accompanier), blood
208 transfusion, uterine rupture or hysterectomy, or severe side effects from the medications.
209 Expected side effects from mifepristone and misoprostol, such as abdominal pain, nausea,
210 vomiting, diarrhea, or elevated temperature were not included as complications, unless the
211 person’s temperature was $>38^{\circ}\text{C}$ or symptoms were severe enough to warrant seeking medical
212 care. Information regarding these potential complications was available for Chilean cases only.
213 We measured *time to expulsion* as the time between ingestion of the first dose of misoprostol and

214 passage of the gestational sac/fetal expulsion, in number of hours (for Chile only), and in doses
215 of misoprostol taken before the pregnancy expelled.

216 We obtained the following characteristics from case records: age, number of previous
217 abortions and live births, gestational age of the index pregnancy, and insurance status. We
218 reported insurance status as a marker of access to formal health care. Accompaniers in Argentina
219 and Ecuador, but not Chile, systematically collected data on insurance status, and previous
220 attempts to interrupt the pregnancy. For Chilean data, the study team recorded previous abortion
221 attempts **during the index pregnancy** only if explicitly documented in case records; otherwise, we
222 report this variable as missing for Chilean participants.

223 2.4 Data analysis

224 The denominator for most study outcomes is the total number of accompanied abortion
225 attempts, not the number of pregnant **individuals**. **Two people in our sample had two**
226 **accompanied medication abortion attempts for the same pregnancy, in which the first**
227 **accompanied abortion failed and the individual chose to reattempt a second accompanied**
228 **medication abortion beginning again with mifepristone >7 days later; thus, 316 individuals with**
229 **318 medication abortion attempts**. All participant and abortion data are reported by gestational
230 age categories. We reported frequencies, means, and ranges for numeric variables. We generated
231 a Kaplan-Meier curve to evaluate time-to-expulsion of the gestational sac/fetus in terms of hours
232 among a sub-group of abortions.

233

234 **3. Results**

235 3.1 Accompaniment records

236 From services provided in 2016 to 2018, we obtained 455 case records from three
237 accompaniment groups in Argentina, Chile, and Ecuador. The case records obtained from
238 Argentina include all cases from the time period. The case records obtained from Chile and
239 Ecuador include only those cases for which the companions filled out the tracking form; prior
240 to 2018, case records were not mandatory. While Chile and Ecuador could not provide a
241 definitive count of the accompaniments provided prior to 2018, it is estimated that the majority
242 of records are included in this analysis. Of these, we excluded 131 records with no data beyond
243 the initial screening call (Figure 1). Based on gestational age on the day of the medication
244 abortion, we excluded four persons with pregnancies <13 weeks gestation and two pregnancies
245 ≥ 24 weeks gestation from analysis (Figure 1).

246 During the study period, 316 **individuals** received accompaniment support for 318
247 medication abortions between 13 to 24 weeks gestation.

248

249 3. 2 Characteristics of accompanied **individuals**, gestational age, and medication protocol

250 **Individuals** who had accompanied abortions beyond 12 weeks were young, most had a
251 previous pregnancy, and nearly one in five (n=61, 19%) reported a previous abortion (Table 1).
252 Prior to contacting the accompaniment group, at least 59 **individuals** (18%) had previously
253 attempted to interrupt the index pregnancy, four of whom had two prior attempts. Companions
254 did not systematically record data on the specifics of these prior attempts.

255 At the time of beginning the accompanied medication abortion, 153 (48%) cases were 13-
256 16 weeks gestation, 107 (34%) were 16-20 weeks, with the remaining 58 (18%) between 20-24
257 weeks. The vast majority of abortions (n=297, 93%) used a combined mifepristone-misoprostol
258 regimen (Table 2); and administered misoprostol sublingually (n=281, 88%).

259

260 3.3 Accompanied abortion outcomes

261 Two hundred and forty one of 318 (76%) accompanied abortions successfully completed
262 with the accompanied medication abortion attempt alone (Table 2). After additional intervention,
263 302 abortions (95%) resulted in a non-pregnant state (Table 2). Among the 16 unsuccessful
264 abortion attempts (5%), 12 repeated a self-managed medication abortion, two received additional
265 medication in the hospital, and two opted to carry the pregnancy to term. When stratified by
266 country, 72%, 89%, and 74% of abortions (in Argentina, Chile, and Ecuador, respectively) were
267 completed with mifepristone and misoprostol alone. After additional intervention (medication or
268 procedure or monitoring in a healthcare facility), the proportion increased to 95%, 94%, and
269 100%, in Argentina, Chile, and Ecuador, respectively. Except for the two that chose to continue
270 the pregnancy, all subsequent abortion attempts (n=316, 99%) were successful. Chile measured
271 the duration of the abortion process with most detail: the pregnancy expelled within 12 hours of
272 taking the first dose of misoprostol in 70% of Chilean abortions (Figure 2).

273

274 3. 4 Health-care seeking during or after the abortion process

275 Just over one third of accompanied abortions (n=111, 35%) resulted in interactions with
276 the formal healthcare system within ~72 hours of taking mifepristone and misoprostol (Table 2).
277 In 61 (55%) of the 111 abortions for which individuals sought healthcare, the pregnancy had
278 fully expelled prior to arriving to healthcare. In those cases, the person sought healthcare not for
279 additional intervention, rather, for reassurance or confirmation from the clinician that the
280 abortion was complete.

281 We had complete information regarding complications only from Chile (n=78). Delayed
282 placental expulsion occurred in three abortions (4%), heavier vaginal bleeding concerning for
283 hemorrhage in three, including one individual who also had delayed placental expulsion (4%),
284 and severe side effects from misoprostol, including fever >38 °C (n=3, 4%), extensive vomiting
285 (n=1, 1%), panic attack (n=1, 1%), and hypotension with convulsion (n=1, 1%). Of the five
286 abortions (6%) with documented possible hemorrhage and/or delayed placental expulsion, five
287 (100%) sought healthcare. No one in this analysis faced any legal issues or repercussions from
288 the accompanied abortion.

289

290 4. Discussion

291 This analysis presents new evidence from Argentina, Chile, and Ecuador that the
292 accompaniment model of providing evidence-based information and support for self-managed
293 medication abortion between 13-24 weeks gestation, together with links to formal sector health
294 services when needed or desired, may be safe and effective. In this analysis, approximately 76%
295 of accompanied abortions were complete with the initial medication regimen alone, and 95% of
296 abortions were complete after additional healthcare intervention, within ~72 hours of initial
297 medication use.

298 These data build on an emerging body of evidence documenting the safety and
299 effectiveness of self-managed abortion beyond 12 weeks gestation [15, 21, 27, 28]. Our findings
300 are consistent with a recent retrospective record review from a safe abortion hotline in Indonesia,
301 which reported 93% of medication abortions between 13 and 22 weeks gestation completed on
302 the first attempt, after accounting for healthcare intervention [15]. A retrospective case review
303 from 2014 found that 44.8% of individuals in Brazil who contacted an online telemedicine

304 helpdesk for information on how to self-manage a medication abortion beyond 12 weeks
305 completed their abortion without surgical intervention; and after surgical intervention, 93% were
306 no longer pregnant [28]. The higher proportion of complete abortions with medication alone in
307 our analysis (76% versus 44.8%) could reflect an additional benefit of the accompaniment model
308 beyond the information and support provided by the telemedicine model, including guidance on
309 care-seeking, or it could simply reflect differences in study location, timing, or medication
310 choice. All three studies demonstrate nearly identical levels of pregnancy termination success
311 when accounting for additional intervention[15, 28] – levels that mirror those found in clinical
312 studies[32, 33]. Similarly, in all three studies, warning signs of potential complication were
313 relatively rare, and healthcare was sought in the majority of cases of a potential complication.

314 Of note, over one-third of people in our sample sought care at a health facility at some
315 point during or after the abortion, but more than half had expelled the pregnancy prior to seeking
316 care. Rather than signaling concern, this finding may be reflective of strong ties developed
317 between accompaniment groups and clinicians at various health facilities[21]. Among those who
318 had not expelled the pregnancy prior to arrival, care seeking could additionally indicate a
319 preference for expelling the fetus in a health facility – rather than a medical indication for care
320 [21]. It is encouraging that links to the formal healthcare system are in place, and that a
321 substantial proportion of **individuals** felt comfortable accessing care if desired or needed.

322 Where facility-based abortion care is effectively unavailable or illegal, the
323 accompaniment model beyond 12-weeks gestation may provide an important alternative to
324 clandestine and/or unsafe procedures which are often the only available option in restrictive legal
325 settings. Previous literature has often situated similar abortion support services within a harm
326 reduction framework [34-36]. However, the harm reduction framework has the potential to

327 exclude the exploration of a legitimate role for accompaniment models in legal settings as
328 well[16, 37-39]. More research is needed to understand the preferences and interpersonal
329 experiences of those who have abortions with accompaniment support, and comparisons between
330 experiences with and preferences for accompaniment versus clinician-led telemedicine support
331 for medication abortion.

332 This study is limited by a number of factors. Accompaniers did not use standardized
333 measures related to complications and drug regimens. Despite a general protocol that all
334 pregnancies beyond 12 weeks require a confirmatory ultrasound, gestational age for some
335 pregnancies was assessed by self-report of LMP, which could have led to some incorrect dating
336 of pregnancies. We are unable to discern which measurements were based on LMP versus
337 ultrasound. Further, because not all individuals were followed for more than 72 hours after
338 abortion completion, it is possible that we could have missed some complications -such as
339 infection – that take time to develop. We were also constrained in our ability to assess indication
340 for seeking formal healthcare services, or surgical indication for those who underwent MVA or
341 D&C. We cannot distinguish medical need from patient request or provider-driven confirmatory
342 assurance. Research on medication abortion would benefit from a consensus among investigators
343 of standardized, validated indicators that medically and non-medically trained providers alike
344 could use to address the need for further management.

345 Despite some limitations, this study is an important contribution to building the evidence
346 base for de-medicalized, out-of-clinic models of medication abortion care. Findings suggest that
347 accompaniment models could represent a safe and effective model of abortion care beyond the
348 first 12 weeks of pregnancy, when linkages to formal health care exist.

349

350 **Acknowledgements:** We would like to thank our colleagues, Stephany Altamirano, Chiara
351 Bercu, Marcela Bravo, Viviana Díaz, Sofia Filippa, Milena Meza, Yasmin Reyes, Maria Trpin,
352 Emily Wilkinson, and Ruth Zurbriggen for their tremendous contributions to this work, in
353 various forms.

354

355 **Funding:** This research did not receive any specific grant from funding agencies in the public,
356 commercial, or not-for-profit sectors.

357

358 **Declarations of Interest:** None.

359

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468 **Figure 1.** Flow chart diagraming health-care seeking and abortion outcomes across all 318
469 accompanied abortion attempts.
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472 **Table 1.** Characteristics of **individuals** who self-managed an abortion with medications with
 473 support from an accompaniment group in Argentina, Chile, and Ecuador over 318 abortion
 474 attempts, and separately by gestational age
 475

	Gestational age at time of medication abortion			
	13 – 15 weeks	16 – 19 weeks	20- 24 weeks	Total
	n (%)	n (%)	n (%)	n (%)
<i>Total</i>	<i>153 (48)</i>	<i>107 (34)</i>	<i>58 (18)</i>	<i>318 (100)</i>
Country				
Argentina	133 (87)	63 (59)	25 (43)	221 (70)
Chile	13 (9)	38 (36)	27 (47)	78 (25)
Ecuador	7 (5)	6 (6)	6 (10)	19 (6)
Year				
2016	64 (42)	21 (20)	1 (2)	86 (27)
2017 & 2018	89 (58)	86 (80)	57 (98)	232 (73)
Age				
≤14	1 (1)	1 (1)	0 (0)	2 (1)
15 - 19	18 (12)	12 (11)	4 (7)	34 (11)
20 - 29	48 (41)	36 (34)	17 (29)	101 (32)
30 - 39	9 (6)	6 (6)	6 (10)	21 (7)
≥40	1 (1)	2 (2)	0 (0)	3 (1)
Missing	76 (50)	50 (47)	31 (53)	157 (49)
Prior term pregnancy				
Yes	93 (61)	53 (50)	25 (43)	171 (54)
Missing	2 (1)	7 (7)	7 (12)	16 (5)
Previous abortion	26 (17)	21 (20)	14 (24)	61 (19)
Health insurance				
Uninsured	84 (55)	47 (44)	19 (33)	150 (47)
Missing	13 (9)	38 (36)	27 (47)	78 (25)
Number of previous abortion attempts for this pregnancy				
0	54 (35)	31 (29)	20 (34)	105 (33)
1	27 (18)	22 (21)	6 (10)	55 (17)
2	1 (1)	2 (2)	1 (2)	4 (1)
Missing	71 (46)	52 (49)	31 (53)	154 (48)

476 **Figure 2.** Kaplan-Meier curve for time-to-expulsion of the gestational sac/fetus timed from the
477 first dose of misoprostol. Data from Chilean accompaniments (n=71) where the gestational
478 sac/fetus was successfully passed with medication only.

479

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481 **Table 2.** Medication abortion regimen, outcomes, and healthcare seeking among all
 482 accompanied abortion outcomes by gestational age occurring in Argentina, Chile, and Ecuador
 483

	Gestational age at time of medication abortion			
	13 – 15 weeks	16 – 19 weeks	20 – 24 weeks	Total
	n (%)	n (%)	n (%)	n (%)
<i>Total</i>	<i>153 (48)</i>	<i>107 (34)</i>	<i>58 (18)</i>	<i>318 (100)</i>
Medication used				
Mife+Miso	145 (95)	101 (94)	51 (88)	297 (93)
Oxaprost (miso + diclofenac)	1 (1)	0 (0)	0 (0)	1 (1)
Missing	7 (5)	6 (6)	7 (1)	20 (6)
Route of misoprostol administration				
Buccal	1 (1)	0 (0)	0 (0)	1 (0.3)
Sublingual	133 (87)	99 (94)	49 (84)	281 (88)
Vaginal	11 (7)	1 (1)	0 (0)	12 (4)
Combo, SL + Buccal	1 (1)	1 (1)	3 (5)	5 (2)
Missing	7 (5)	6 (6)	6 (10)	19 (6)
Complete after only mife & miso				
Yes	118 (77)	81 (76)	42 (72)	241 (76)
Missing	14 (9)	5 (5)	1 (2)	20 (6)
Did the person pass the gestational sac?				
No	4 (3)	3 (3)	6 (10)	13 (4)
Btwn the 1st and 2nd dose	0 (0)	6 (6)	1 (2)	7 (2)
Btwn the 2nd and 3rd dose	24 (16)	16 (15)	3 (5)	43 (14)
After the 3rd dose	120 (78)	79 (74)	47 (81)	246 (77)
Could not confirm	4 (3)	2 (2)	0 (0)	6 (2)
Missing	1 (1)	1 (1)	1 (2)	3 (1)
Visited medical care within ~72 hours after taking medication				
Yes	55 (36)	41 (38)	15 (26)	111 (35)
Missing	1 (1)	1 (1)	0 (0)	2 (1)
Surgical intervention within ~72 hours after taking medication				
Yes - MVA	6 (4)	12 (11)	5 (9)	23 (7)
Yes - D&C	8 (5)	4 (4)	2 (3)	14 (4)
Missing	40 (26)	22 (21)	2 (3)	64 (20)
Complete abortion after accompaniment support, with or without surgical intervention				
	146 (95)	105 (98)	51 (88)	302 (95)

484 **Table 3.** More detailed information on medication dosing, time to expulsion, health care seeking,
 485 and potential complications from a sub-group analysis of Chilean accompaniments only (n=78)
 486 (as Chilean records contain more detail on these topics than data from other sites).
 487

	Gestational age at time of medication abortion			
	13-15 weeks	16-19 weeks	20-24 weeks	Total
	n (%)	n (%)	n (%)	n (%)
Total	13 (17)	38 (49)	27 (35)	78 (100)
Hours from 1st mifepristone to 1st misoprostol (mean ± SD)	38 ± 4	38 ± 6	43 ± 6	40 ± 6
Total mifepristone use (mg)*				
200	10 (77)	17 (45)	10 (37)	37 (47)
400	1 (8)	5 (13)	7 (26)	13 (17)
600	0 (0)	0 (0)	1 (4)	1 (1)
Missing	2 (15)	16 (42)	9 (33)	27 (35)
Total misoprostol dose (mcg)				
800	0 (0)	8 (21)	3 (11)	11 (14)
1200	7 (54)	10 (26)	1 (4)	18 (23)
1600	2 (15)	6 (16)	8 (30)	16 (21)
2000	1 (8)	7 (18)	8 (30)	16 (21)
2400	2 (15)	4 (11)	6 (22)	12 (15)
2800	0 (0)	1 (3)	0 (0)	1 (1)
3200	0 (0)	0 (0)	1 (4)	1 (1)
Missing	1 (8)	2 (5)	0 (0)	3 (4)
Hours between 1st dose of misoprostol and passing the pregnancy?***				
<3	0 (0)	6 (16)	0 (0)	6 (8)
3 - <6	5 (38)	9 (24)	0 (0)	14 (18)
6 - <9	3 (23)	9 (24)	7 (26)	19 (24)
9 - <12	0 (0)	4 (11)	12 (44)	16 (21)
12 - <15	0 (0)	3 (8)	5 (19)	8 (10)
15 - <18	1 (8)	1 (3)	0 (0)	2 (3)
18 - <21	0 (0)	1 (3)	1 (4)	2 (3)
Missing	4 (31)	5 (13)	2 (7)	11 (14)
Potential complications?				
None	9 (69)	31 (82)	23 (85)	63 (81)
Possible hemorrhage	2 (15)	0 (0)	1 (4)	3 (4)
Retained placenta ± bleeding***	1 (8)	3 (8)	1 (4)	3 (4)
Severe side effects	0 (0)	4 (11)	2 (7)	6 (8)
Unspecified	1 (8)	0 (0)	0 (0)	1 (1)
Visited medical care within ~72 hours				
Yes	2 (15)	4 (11)	2 (7)	8 (10)
Missing	0 (0)	1 (3)	0 (0)	1 (1)

488 * The WHO protocol followed by companions recommends only a single dose of mifepristone.
 489 However, due to case-by-case variations, there were instances in which *individuals* took more
 490 than one mifepristone pill.

491 *** Among abortions that successfully completed with medication only.*
492 **** One individual experienced both delayed placental expulsion and bleeding concerning for*
493 *hemorrhage, and is represented in each respective row.*

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